

Quota International Ontario District 18

Quotation: Tradition is a part of Happiness. Be optimistic. Optimism is contagious.



REMINDERS/ NEW DEADLINES:

Volunteer of the year program moved from 1 June to 15 January

**Q.I. birthday – 9 February
March -Quota Cares month**

**District conference 2010 is 14-16 May at Georgian Manor Resort and Country Club, Collingwood
Deadline for booking 29 March 2010.**

PLANT THOSE SEEDS AND WATCH THEM
GROW – SPRING FORWARD

MERRY CHRISTMAS

HAPPY NEW YEAR

GOALS REVISITED

It has been a busy few months and in this special edition, I wish to commend you for your efforts to build Quota. Governor Mary has given all the details in her Quotascope. As you know, my main focus in Q-Tips is Retention and Recruitment or Development and Growth.

I want you to share this newsletter with all your members. It is now available on the Canada Area website under District Communication. Click the specific dates for 2009

Congratulations to all the clubs that *Acknowledged and Recognized* members throughout the year, especially those with long standing service;

Congratulations to those clubs that *Completed* club personality surveys to learn the culture of your group;

Congratulations to those clubs that *installed* new members.

Congratulations to all of you. You *work* hard to Promote Quota.

Thank you to our Quota Explorers. Keep up the good work.

INFORMATION EXCHANGE

Please send your news for Q-Tips. Next issue end Jan 2010

Did you initiate contact with a school to discuss a junior club? See link below for information.

Did you contact your matched club colleague?

Did you have success or challenges partnering for events? It is important to talk about both experiences.

Did you encourage your members to consider leadership roles? Our clubs will only be strong if we promote Quota's value. Opportunities for personal and professional development are abundant.

There is lots of work to do yet in our Leadership roles. Communication is the key to success. Walk the walk, don't just talk the talk!

HELPFUL LINKS: Please check these out and learn more Development and Growth ideas

www.quotacanada.org

<http://www.wesharefoundation.org/jr.qclubs.prog.a.htm>

<http://www.quota.org/site.index.htm>

<http://www.quota.org/gtku/aq.hist.3.htm>

<http://www.quota.org/gtku/aq.hist.2.htm>

As communicators and connectors in your communities, you are all treasures.

Doing good feels good. As Psychology Today puts it, “A mountain of research confirms the psychological and physical benefits of giving back. Teens who volunteer are healthier than those who don’t, even 60 years later, and generous actions are associated with less mortality and depression, even if you start late in life.”

We are life-long Connectors. Volunteering takes many forms.

Pat yourself on the back. Reward yourself

You touch lives with your caring attitude.

***Remember: The electrical world only lights up when it is connected.
Quotarians Connect. We light up our communities when we Care.***

My best wishes to you and your families for a Happy and Prosperous 2010.



Big Hug to all the clubs who welcomed me on behalf of Governor Mary. I felt your warmth.

***“The worst bankruptcy in the world is
the person who has lost enthusiasm”***

H.W. Arnold

Ann M. Keating-Morrison Lt-Gov December 2009